



ASD TOOLS™

www.asdtools.com

CHEAT SHEET

Are their actions **SENSORY** or **BEHAVIOURAL**?



Is the child ...	Y	N
Waiting for a reaction?	<input type="checkbox"/>	<input type="checkbox"/>
Considering their own safety?	<input type="checkbox"/>	<input type="checkbox"/>
In control of their emotions	<input type="checkbox"/>	<input type="checkbox"/>
In control of their behaviour	<input type="checkbox"/>	<input type="checkbox"/>
Talking to you?	<input type="checkbox"/>	<input type="checkbox"/>
Are they able to calm down once the situation has resolved itself?	<input type="checkbox"/>	<input type="checkbox"/>

Y If the predominant answer is YES, the child's actions are intentional and behavioural.

In other words they can comprehend your instructions but are choosing not to comply.

N If the predominant answer is NO, the child's actions are reactions out of fear, panic and being overwhelmed it is not behavioural.

The child is in a fight or flight mode and they need your help to remain safe. Give them a safe, quiet place (without sensory input) to calm down.

Use *CHOICE BOARDS and their CALM TOOL KIT to find what will help them best.